

“Surround yourself  
with only people who  
are going to lift you  
higher.”

— OPRAH WINFREY

## Payment

Cheques in £GBP payable to  
Soroptimist International

Payment to First Trust Bank  
Sort Code  
93-80-33  
Account Number  
45930023

Got questions?

[douglasmelanie@hotmail.com](mailto:douglasmelanie@hotmail.com)

07957275555

# Price List

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## FRIDAY

Friendship Supper  
Music by Cadenza £25

## SATURDAY

Conference  
Early Bird (by 31 Mar) £55  
Late Registration £65

Lunch (Soup & Sandwich) £10  
Suicide Awareness (Cert) £10

Gala Dinner £40  
Music by The Brokers  
Dance Show by Celtic Storm



The 53rd Annual  
Joint North-South  
Conference  
10th -12th May 2019

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BURRENDALE HOTEL,  
NEWCASTLE, CO. DOWN

# Hosts

President, Soroptimist International  
of Northern Ireland  
Catherine Milhench

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SI Downpatrick & District

National President, Soroptimist  
International of Republic of Ireland  
Darina Dolan

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SI Athlone

# Choose Kind

The theme of the conference is Choose Kind. Building on the SIGBI Campaign "Think on it!", President Catherine's theme "Activ8" & President Darina's theme "The Power of One", this conference centres on Mental Health, compassion and empathy, celebrating our work as Soroptimists and challenging us to be able to reach out, better understand and support those in need.



# Programme

## Friday

Golf

Rockmount Golf Club £35

Includes Tea, Coffee & Scones on arrival, 18 holes of golf & 2 course lunch

Friendship Supper £25

2 Course dinner and Music by renowned local choir Cadenza, directed by Michael McCracken

## Saturday

Conference Speakers

Margaret Ritchie is a Former MP, a Consultant and an Honorary Soroptimist. Margaret will chair a panel discussion on Mental Health before being interviewed herself about her journey through Breast Cancer.

Ailish Teague works with her husband, Manus, to run Life Changes Changes Lives (LCCL Pop-Up Art). The project is an aftercare service for those affected by Mental ill health and addiction using Art Therapy and Counselling.

Suicide Awareness Training (Optional)  
Suicide in Ireland and Northern Ireland is a worrying statistic with few families and communities left unaffected. This training will be delivered in the afternoon by Ronan Gilchrist and team from ALPS - All Lives are Precious and will include a certificate of completion - £10

Gala Dinner £40

5 Course Dinner with world class entertainment from Celtic Storm. Celtic Storm is a professional Irish Dance Troupe led by World Champion dancer and former Dance Captain of Michael Flatley's Lord of the Dance, Josephine Brennan- King.

Music and dancing to follow by The Brokers.

## Sunday

Close of Conference  
Tea /Coffee  
Ecumenical Service

# 53rd Annual North-South Conference



# Golf Day

## Rockmount Golf Club

**10.05  
2019**

**28 DRUMALIG RD, CARRYDUFF, BT8 8EQ**

Registration Fee £35

Fee includes Tea / Coffee & Scones on arrival,  
18 Holes on a Parkland Championship  
course, 2 Course Lunch & Prizes



For more information and tee times call  
Patricia Kean on 07929 756601